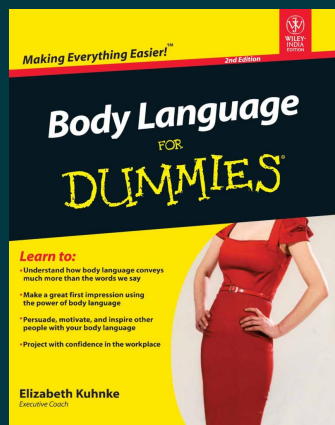




Body Language for Dummies, 2ed

By [Elizabeth Kuhnke](#)

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Description

Actions really do speak louder than words. If you are puzzled by other people or want to improve the impression you give, having an insight into body language is key. In this book you'll discover how the body reveals what people really mean, and how you can use your body and your expressions to make a positive impact. It also explores why we give the signals we do, how to read the most common expressions and goes on to show how you can use body language to transform your personal and professional relationships.

About the Author

Elizabeth Kuhnke

Elizabeth Kuhnke is a communications coach and the Managing Director and Founder of Kuhnke Communications

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